

First Aid and CPR for Everyone

A Life Saving Stimulus Package from the American Red Cross



Every year, 900,000 Americans suffer heart attacks but according to Forbes Magazine, only one in four Americans know the symptoms of a heart attack.

The American Red Cross has a new product to demonstrate to people how to recognize emergencies such as heart attacks, and what to do to ensure that rapid medical help is delivered to the victim. **First Aid and CPR for Everyone: An Introduction to Basic Lifesaving Skills** has been developed in response to recent research that shows that continuous compression-only CPR can be effective in caring for a person with no signs of life when rescuer is unable, untrained or unwilling to perform full CPR.

The program allows customers without formal training to become familiar with life saving information using a high quality product obtained at a reasonable cost.

The American Red Cross believes that everyone should be able to learn life saving skills, even during these tough economic times. Therefore, the American Red Cross has developed First Aid and CPR for Everyone as a stimulus package that can help save lives.

For only \$15.00 you will learn what to do in a medical emergency to increase a victim's chance of survival.

First Aid and CPR for Everyone includes:

- 1 Compression Tool
- 1 Hand Placement Diagram
- 1 Emergency First Aid Guide
- 1 Emergency Action Steps Wallet Card
- 1 Instructional DVD with an introduction by Peyton Manning



| Date | Time | Location |
|--------|---------------|------------------------------------|
| June 1 | 12:00-2:00 | Unifi |
| June 3 | 9:30 – 11:30 | Greensboro Realtors Association |
| June 5 | 12:00-2:00 | Nexsen Pruet, PLLC |
| June 3 | 2:00 – 4:00 | Center for Creative Leadership |
| June 3 | 10:00 – 12:00 | First Presbyterian Church |
| June 3 | 2:00 – 4:00 | Painted Plate |
| June 2 | 5:30 – 7:30 | Stokesdale United Methodist Church |
| June 4 | 2:00 – 4:00 | Presbyterian Church of the Covert |
| June 2 | 2:00 – 4:00 | Bethlehem United Methodist Church |
| June 1 | 10:00 -12:00 | Center United Methodist Church |
| June 1 | 10:00 – 12:00 | Alamance Presbyterian Church |
| June 2 | 10:00 – 12:00 | Our Lady of Grace |
| June 4 | 6:00 – 8:00 | Mcleansville Baptist Church |



Call 333-2111 for more information or to register, or email royall@usa.redcross.org

Pre-registration required